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Better Technology Training for my colleagues and ME!

Users perspective

EKTG Webinar March 17, 2021

Technology is changing our daily lives at work and in private.

I present the user perspective in family care.

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Changes due to technology take place in all phases of life.

They influence our living, our communication, our profession, our care activities.

They shape our daily lives.

Are we prepared for them?

Digital technology controls and networks things in our household locally or from outside: The "internet of things" is becoming an everyday reality.

We can make devices interact, we can communicate with them.

With an app on our mobile or other digital devices, we can check the content of our refrigerator, order goods, organize care and assistance.

Are we prepared to use them?

Have we learned how to do that?

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**We can organize, coordinate, and manage appointments by digital devices,
for example with doctors, with physiotherapists and hairdressers
but also with housekeeping and professional care.**

These digital managing skills also need to be taught and practiced

Medical and nursing care at home is becoming increasingly important.

Cameras, smart watches and fabrics detect and measure vital parameters.

Drinking quantities can be digitally documented and monitored

Falls and emergency situations can be detected and help summoned.

Toilets, beds and seating furniture can be adjusted and moved in all directions.

Are we informed about how we should and can behave in case of disturbances?

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Devices can be controlled by voice, muscle movement, eyes, breath or manual input.

We can receive and send alerts.

Objects and people can be tracked locally and remotely.

We need to learn and practice how to use these technology offerings.

**We need an international legal framework for the use of the Internet,
for data protection and for prosecuting violations of it.**

**We users need to know this legal framework and how to exercise our
rights.**

Users decide what is used and what is not used.

**But users need to know how to use digital technology,
what the advantages and disadvantages of using it might be.**

**Relatives, users and people who have support needs must be given the
opportunity to ask questions and train applications.**

They need to know where to get support and help with questions and problems.

We, the users, must learn to deal with technical innovations in our living environment.

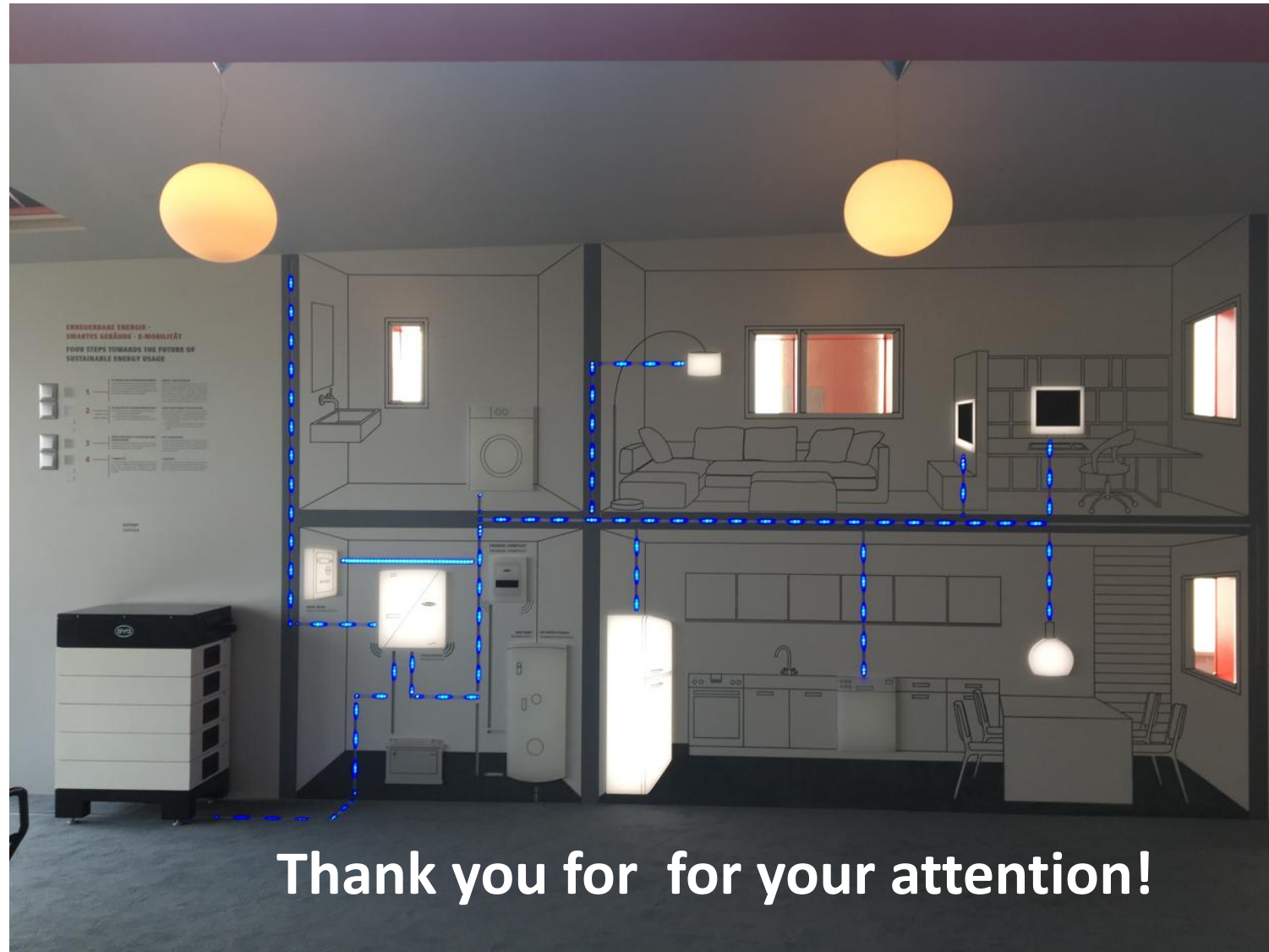
We are usually motivated to do so.

But: we have to know about it. We have to be able to train.



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